

**COMMONWEALTH POWERLIFTING FEDERATION  
PARTICIPATION CERTIFICATE**

PRESENTED TO

**SIDHANT NITIN KUDALKAR**

OF THE NATION

**INDIA**

ACHIEVING 160.0 KG SQUAT – 95.0 KG BENCHPRESS – 192.5 KG DEADLIFT – 447.5 KG TOTAL

IN THE OPEN - 66 KG - CLASSIC POWERLIFTING CLASS AT THE

9<sup>TH</sup> COMMONWEALTH POWERLIFTING AND BENCHPRESS CHAMPIONSHIPS, NOVEMBER 28 – DECEMBER 04, 2022, MANUKAU NEW ZEALAND

IN ACCORDANCE WITH THE RULES AND REGULATIONS OF THE COMMONWEALTH POWERLIFTING FEDERATION

AND THE INTERNATIONAL POWERLIFTING FEDERATION DATED THIS 30<sup>TH</sup> DAY OF MARCH 2023

*Richard Parker*

PRESIDENT

*Bill You*

GENERAL SECRETARY

COMMONWEALTH POWERLIFTING FEDERATION  
PARTICIPATION CERTIFICATE

PRESENTED TO

**SIDHANT NITIN KUDALKAR**

OF THE NATION

**INDIA**

ACHIEVING 107.5 KG BENCHPRESS

IN THE OPEN – 66 KG – EQUIPPED BENCHPRESS CLASS AT THE

9<sup>th</sup> COMMONWEALTH POWERLIFTING AND BENCHPRESS CHAMPIONSHIPS, NOVEMBER 28 – DECEMBER 04, 2022, MANUKAU NEW ZEALAND

IN ACCORDANCE WITH THE RULES AND REGULATIONS OF THE COMMONWEALTH POWERLIFTING FEDERATION

AND THE INTERNATIONAL POWRLIFTING FEDERATION DATED THIS 30th DAY OF MARCH 2023

*Richard Parker*

PRESIDENT

*Bill You*

GENERAL SECRETARY

# COMMONWEALTH POWERLIFTING FEDERATION PARTICIPATION CERTIFICATE

PRESENTED TO

# SIDHANT NITIN KUDALKAR

OF THE NATION

## INDIA

ACHIEVING 95.0 KG BENCHPRESS

IN THE OPEN – 66 KG – CLASSIC BENCHPRESS CLASS AT THE

9<sup>TH</sup> COMMONWEALTH POWERLIFTING AND BENCHPRESS CHAMPIONSHIPS, NOVEMBER 28 – DECEMBER 04, 2022, MANUKAU NEW ZEALAND

IN ACCORDANCE WITH THE RULES AND REGULATIONS OF THE COMMONWEALTH POWERLIFTING FEDERATION

AND THE INTERNATIONAL POWERLIFTING FEDERATION DATED THIS 30<sup>TH</sup> DAY OF MARCH 2023

*Richard Parker*

PRESIDENT

*Bill You*

GENERAL SECRETARY





# ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

## CERTIFICATE

No:1188/2021

This is to certify that  
**KUDALKAR SIDHANT NITIN**  
of the nation  
**INDIA**  
has secured **THIRD** Place  
in **66KG - JUNIOR**  
in the  
**ASIAN MEN'S CLASSIC**  
**POWERLIFTING CHAMPIONSHIPS**  
held at : **ISTANBUL, TURKEY**  
during **24 - 30 DECEMBER 2021**

**SQUAT[PL] : 172.5 KG [2]**  
**BENCH PRESS[PL] : 92.5 KG [3]**  
**DEADLIFT[PL] : 197.5 KG [3]**  
**TOTAL : 462.5 KG**

  
**Farshid Soltani**  
President - APF

  
**Rajesh Tiwari**  
Secretary General - APF



# ASIAN POWERLIFTING FEDERATION

AFFILIATED TO: INTERNATIONAL POWERLIFTING FEDERATION

## CERTIFICATE

No:1396/2021

This is to certify that  
**KUDALKAR SIDHANT NITIN**

of the nation

**INDIA**

has secured **FIRST** Place

in **66KG - JUNIOR**

in the

**ASIAN MEN'S CLASSIC BENCH  
PRESS CHAMPIONSHIPS**

held at : **ISTANBUL, TURKEY**

during **24 - 30 DECEMBER 2021**

**BENCH PRESS : 90.0 KG**

**Farshid Soltani**  
President - APF

**Rajesh Tiwari**  
Secretary General - APF



# INDIAN POWERLIFTING FEDERATION

Recognised by : Ministry of Youth Affairs & Sports, Govt. of India & Indian Olympic Association  
Affiliated to International, Commonwealth & Asian Powerlifting Federation



## Certificate of Honour

This is to Certify that Sidhant N. Kudalkar of INDIA Participated  
Maharashtra

at the **SUBRATA CLASSIC INTERNATIONAL POWERLIFTING CHAMPIONSHIPS - 2016**

held at **JAMSHEDPUR, INDIA** during 27th To 30th December 2016 and Secured 1st Place in the

83 Kg weight class at Sub-Junior Category with a lift of 455 Kg.

Body Weight 74.6 Kg.

Squat 167.5 Kg.

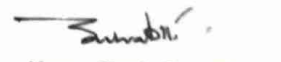
Benchpress 85.0 Kg.

Deadlift 202.5 Kg.

Total 455.0 Kg.

Date of Birth 10.4.98

  
Meet Director

  
Hony. Genl. Secretary



# INDIAN POWERLIFTING FEDERATION

Jamshedpur, INDIA


Recognised by : Ministry of Youth Affairs & Sports, Govt. of India  
& Indian Olympic Association

Affiliated to International Powerlifting Federation

## Certificate of Honour

This is to certify that..... **Mr. Sidhant Nitin Kudalkar** .....of..... **India** .....participated  
at the **SUBRATA CLASSIC OPEN INTERNATIONAL POWERLIFTING CHAMPIONSHIPS - 2014**  
held at **JAMSHEDPUR, INDIA** during 16-21st December, 2014 and Secured..... **2nd** .....Place in the  
..... **74** .....Kg. weight class at..... **Sub Junior** ..... Category with a lift of..... **315** .....Kg

Body Weight ..... 71.3 ..... Kg.  
**KILOGRAMS LIFTED**  
Squat ..... 122.5 ..... Kg.  
Bench Press ..... 52.5 ..... Kg.  
Dead Lift ..... 140 ..... Kg.  
Total ..... 315 ..... Kg.  
Date of Birth ..... 10-04-1998

  
Meet Director  
(I.P.F.)

  
Hony. Genl. Secretary  
(I.P.F.)



# POWERLIFTING INDIA

Affiliated to: International Powerlifting Federation

Affiliated to: Asian Powerlifting Federation

Affiliated to: Commonwealth Powerlifting Federation



No:141/15851/2022

This is to certify that **SIDHANT NITIN KUDALKAR** representing **Maharashtra** has secured **Eighth** place in the **74kg - Junior** in the National Men's Classic Powerlifting Championship 2021-22 held at **Alappuzha, Kerala** from 09-04-2022 to 13-04-2022

Squat[PL] ; 210.0 Kg [4]

Bench Press[PL] : 110.0 Kg [10]

Deadlift[PL] : 230.0 Kg [8]

Total[PL] : 550.0 Kg

Date of Birth : 10-April-1998

Body Weight : 73.60 Kg

**RAJESH TIWARI**  
President  
Powerlifting India

**P J JOSEPH (Arjuna)**  
Secretary General  
Powerlifting India





# POWERLIFTING INDIA

Recognized by : Ministry of Youth Affairs and Sports, Govt. of India

Affiliated to : International Powerlifting Federation & Asian Powerlifting Federation

Registered under Registration of Societies Act, West Bengal



No : 114/WI/2019

This is to certify that **SIDHANT N KUDALKAR** of **MAHARASHTRA** has secured **FOURTH** place in the **74 Kg.** weight class at the Western India Senior Men & Women Powerlifting Championship held at Sardar Vallabh Bhai Patel Sahakar Bhawan, Ahmedabad from 13th to 15th December 2019.

**Squat : 240 Kg**

**Bench : 110 Kg**

**Dead lift : 225 Kg**

**Total : 575 Kg**

**RAJESH TIWARI**  
President  
Powerlifting India

**P J JOSEPH (Arjuna)**  
Secretary General  
Powerlifting India



# INDIAN POWERLIFTING FEDERATION



Affiliated to : International, Commonwealth & Asian Powerlifting Federation

Recognised by : Ministry of Youth Affairs & Sports, Govt. of India &

**INDIAN OLYMPIC ASSOCIATION**

## Participant Certificate

This is to certify that ..... **SIDHHANT N. KUDALKAR** .....

of ..... **MAHARASHTRA** ..... participated in the **National Powerlifting/Benchpress/Deadlift Championship**

held at **PALAMPUR (H.P.)** ..... From **06/08/2019** ..... to **10/08/2019** ..... as a **PLAYER** .....

He/She ranked ..... with a total lift of ..... **600** ..... Kg. in ..... **74** ..... Kg. Class

  
Organising Secretary  
of the Meet

Date

  
Hony. Genl. Secretary

# INDIAN POWERLIFTING FEDERATION

Recognised by :

Ministry of Youth Affairs & Sports, Govt. of India, New Delhi  
International & Asian Powerlifting Federation

&

Indian Olympic Association



## Certificate of Honour

This is to certify that Sri/Ms. **SHRIHANT NITIN KUDALKAR**

of **MAHARASHTRA** has secured **II<sup>nd</sup>** Place

in the **EQ - 74.00** Kg. weight class at the

**J.R.** National Powerlifting Championships

held at **WASHIM** during **14-11-19** to **17-11-19**

☆ NATIONAL RECORD ☆

Body Weight **72.800** Kg.

KILOGRAMS LIFTED

Squat **250** Kg.

Bench Press **110** Kg.

Dead Lift **230** Kg.

Total **590** Kg.

Date of Birth **10-04-1998**

  
PRESIDENT  
(I.P.F.)

  
HONY. GENL. SECRETARY  
(I.P.F.)



# INDIAN POWERLIFTING FEDERATION

Recognised by :

Ministry of Youth Affairs & Sports, Govt. of India, New Delhi  
International & Asian Powerlifting Federation  
& Indian Olympic Association



## Certificate of Honour

This is to certify that Sri/ Ms. S. L. HARI. S. KUDARKAR  
of MAHARASHTRA has secured I<sup>st</sup> Place  
in the 74 KG. Kg. weight class at  
the WEST ZONE National Powerlifting Championships  
held at GOVILY COLLEGE, KALYAN; MAH during 21<sup>st</sup> OLY 17 to 24<sup>th</sup> OLY 2017

### ★ NATIONAL RECORD ★

Body Weight 70.400 Kg

#### KILOGRAMS LIFTED

Squat 235 Kg

Bench Press 100 Kg

Dead Lift 207.5 Kg

Total 542.5 Kg

Date of Birth 10.04.98

PRESIDENT

(I. P. F.)

HONY. GENL. SECRETARY

(I. P. F.)

# INDIAN POWERLIFTING FEDERATION

Recognised by :

Ministry of Youth Affairs & Sports, Govt. of India, New Delhi  
International & Asian Powerlifting Federation  
& Indian Olympic Association



## Certificate of Honour

This is to certify that *Sri/Ms.* **SIDHANT KUDALKAR**  
of **MAH.** has secured **2nd** Place  
in the **74** Kg. weight class at  
the **Sub JR** National Powerlifting Championships  
held at **LUCKNOW UP** during **12-14 May** to **15th May** 2016

★ **NATIONAL RECORD** ★

Body Weight **72.7** Kg

KILOGRAMS LIFTED

Squat **220** Kg

Bench Press **87.5** Kg

Dead Lift **205** Kg

Total **512.5** Kg

Date of Birth **10-9-98**

PRESIDENT  
(I. R. F.)

HONY. GENL. SECRETARY  
(I. P. F.)



# INDIAN POWERLIFTING FEDERATION

Affiliated to :  
INTERNATIONAL POWERLIFTING FEDERATION  
Recognised by :  
YOUTH AFFAIRS & SPORTS, GOVT. OF INDIA  
INDIAN OLYMPIC ASSOCIATION

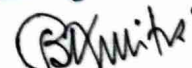


## Participant Certificate

This is to certify that Sri / Smt. / Kumari SIDHANT NITIN KUDALKAR  
of Maharashtra participated in the National  
Sub Junior unequipped Powerlifting Championship held  
at Coimbatore, Tamilnadu  
from 02.06.2014 to 06.06.2014 as a Competitor  
He/She Ranked X with a Total in 295 kg in 83 Kg. Class

  
Organising Secretary  
of the Meet

Date 4.6.2014

  
Hony. Gl. Secretary





# Maharashtra State Powerlifting Association

Affiliated to :- Powerlifting India, International Powerlifting Federation & Asian Powerlifting Federation

Maharashtra State, Mumbai 534, Registration No 1994, G.B.B.S.D., Brihanmumbai F - 16685 (Mumbai)

## Certificate

SR. No: MSPA/MUM-2022/557

This is to certify that

**SIDDHANT NITIN KUDALKAR**  
OF  
**THANE, DIST.**

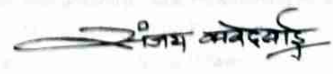
has participated in the

**Maharashtra State SUB JUNIOR, JUNIOR, SENIOR & MASTERS I to IV  
[MEN & WOMEN] UNEQUIPPED POWERLIFTING CHAMPIONSHIP  
HELD AT HUTATMA BABU GENU KRIDA BHAVAN, PRABHADEVI  
ON 05 & 06 MARCH 2022  
As COMPETITOR**

AND SECURED **THIRD** PLACE IN **JUNIOR** B. Wt. CLASS **74 KG**

**SQUAT** : 205 Kg  
**BENCH PRESS** : 105 Kg  
**DEADLIFT** : 215 Kg  
**TOTAL** : 525 Kg

  
**Sajeevan Bhaskaran**  
President

  
**Sanjay P. Sardesai**  
General Secretary



# Maharashtra State Powerlifting Association

Affiliated to :- Powerlifting India, International Powerlifting Federation & Asian Powerlifting Federation  
Maharashtra State, Mumbai 534, Registration No. 1994, G.B.B.S.D., Brihanmumbai F - 16685 (Mumbai)

## Certificate

SR. No: MSPA/MUM-2022/604

This is to certify that

**SIDHANT NITIN KUDALKAR**  
OF  
**THANE, DIST.**

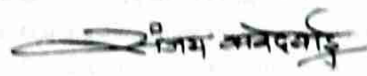
has participated in the

**Maharashtra State SUB JUNIOR, JUNIOR, SENIOR & MASTERS I to IV  
[MEN & WOMEN] UNEQUIPPED POWERLIFTING CHAMPIONSHIP  
HELD AT HUTATMA BABU GENU KRIDA BHAVAN, PRABHADEVI  
ON 05 & 06 MARCH 2022  
As COMPETITOR**

AND SECURED **THIRD** PLACE IN **SENIOR** B. Wt. CLASS **74 KG**

**SQUAT : 205 Kg**  
**BENCH PRESS : 105 Kg**  
**DEADLIFT : 215 Kg**  
**TOTAL : 525 Kg**

  
**Sajeevan Bhaskaran**  
President

  
**Sanjay P. Sardesai**  
General Secretary





# Maharashtra State Powerlifting Association

Affiliated to - Powerlifting India, International Powerlifting Federation & Asian Powerlifting Federation  
Maharashtra State, Mumbai 534, Registration No 1994, G.B.B.S.D., Brihanmumbai F - 16585 (Mumbai)

## Certificate

SR. No: MSPA/IXU-2021/246

This is to certify that

**SUDDHANT KUDALKAR**  
OF  
**THANE, DIST.**

Has participated in the

**Maharashtra State [EQUIPPED/UNEQUIPPED] SUB JUNIOR, JUNIOR,  
SENIOR, MASTERS I to IV [MEN & WOMEN] BENCHPRESS  
CHAMPIONSHIP HELD AT AURANGABAD ON 09 & 10 OCT 2021  
As COMPETITOR**

AND SECURED **THIRD** PLACE IN **JUNIOR [EQUIPPED]** B.Wt CLASS **66 KG**

**BENCH PRESS : 102.5 Kg**

Sajeevan Bhaskaran

**Sanjay P. Sardesai**  
General Secretary





# Maharashtra State Powerlifting Association

Affiliated to :- Powerlifting India, International Powerlifting Federation & Asian Powerlifting Federation  
Maharashtra State, Mumbai 534, Registration No 1994, G B B S D., Brihanmumbai F - 16685 (Mumbai)

## Certificate

SR. No: MSPA/IXU-2021/267

This is to certify that

**SIDDHANT KUDALKAR**  
OF  
**THANE, DIST.**

Has participated in the

**Maharashtra State [EQUIPPED/UNEQUIPPED] SUB JUNIOR, JUNIOR,  
SENIOR, MASTERS I to IV [MEN & WOMEN] BENCHPRESS  
CHAMPIONSHIP HELD AT AURANGABAD ON 09 & 10 OCT 2021  
As COMPETITOR**

AND SECURED **THIRD** PLACE IN **SENIOR [EQUIPPED]** B.Wt.CLASS **66 KG**

**BENCH PRESS : 102.5 Kg**

**Sanjay P. Sardesai**  
General Secretary

**Sajeevan Bhaskaran**  
President

# Maharashtra Powerlifting Association Mumbai

AFFILIATED TO INDIAN POWERLIFTING FEDRATION

Recognized by : MINISTRY OF YOUTH AFFAIRS & SPORTS ( GOVT. OF INDIA)

महाराष्ट्र राज्य मुंबई - ८७६/२०१८, जी.बी.बी.एस.डी. नोदणी प्रमाणपत्र, बृहन्मुंबई विभाग, मुंबई, संस्था नोंदणी अधिनियम १८६०.

No. 13/19-20

## Merit Certificate

This is to Certify That D.O.B.: \_\_\_\_\_

Aadhar No.: \_\_\_\_\_

Shri / Smt. SIDDHANT N. KUDALKAR

Representing THANE Secured / Participated FIRST Place

in the 74 weight category at Sub Junior / Junior / Senior / M-I, II, III, IV / Bench Press (Men/Women) E/U

Powerlifting Championship Held at VIKROLI on 3-10-19

### WEIGHT LIFTED

Squat	260	Kgs.
Bench Press	110	Kgs.
Dead Lift	237.5	Kgs.
Total	607.5	Kgs.

PKK  
Pushkaraj Kole  
President



Saidal Sonde  
Saidal Sonde  
General Secretary

# Maharashtra Powerlifting Association Mumbai

AFFILIATED TO INDIAN POWERLIFTING FEDRATION

Recognized by : MINISTRY OF YOUTH AFFAIRS & SPORTS ( GOVT. OF INDIA)

महाराष्ट्र राज्य मुंबई - ८७६/२०१८, जी.बी.बी.एस.डी. नोदणी प्रमाणपत्र, बृहन्मुंबई विभाग, मुंबई, संस्था नोंदणी अधिनियम १८६०.

No. 57

## Merit Certificate

D.O.B.: \_\_\_\_\_

This is to Certify That

Shri / Smt. Sidhant Kudalkar

Representing Thane Secured / Participated I Place

in the 74kg weight category at Sub Junior / Junior / Senior / M-I,II,III,IV/ Bench Press (Men/Women) E/U

Powerlifting Championship Held at KIBAN NAGAR THANE (W) on 28<sup>th</sup> July 2019

*V. S. Patil*

President

WEIGHT LIFTED		
Squat	<u>250</u>	Kgs.
Bench Press	<u>117.5</u>	Kgs.
Dead Lift	<u>240</u>	Kgs.
Total	<u>607.5</u>	Kgs.



*[Signature]*

General Secretary



# Maharashtra Powerlifting Association Mumbai

AFFILIATED TO INDIAN POWERLIFTING FEDERATION

Recognized by : MINISTRY OF YOUTH AFFAIRS & SPORTS ( GOVT. OF INDIA)

महाराष्ट्र राज्य मुंबई - ८७६/२०१८, जी.बी.बी.एस.डी. नोदणी प्रमाणपत्र, बृहन्मुंबई विभाग, मुंबई, संस्था नोंदणी अधिनियम १८६०.

No. 44

## Merit Certificate

D.O.B.: \_\_\_\_\_

*This is to Certify That*

Srri / Smt. SIDHANT KUDALKAR  
Representing THANE Secured / Participated FIRST Place  
in the 74 weight category at Sub ~~Junior~~ / Junior / Senior / ~~M-I, II, III, IV~~ / Bench Press (Men/~~Woman~~) E/U  
Powerlifting Championship Held at VIKHROLI (E), MUMBAI on 5<sup>th</sup> to 6<sup>th</sup> Jan 2019

### WEIGHT LIFTED

Squat	<u>220</u>	Kgs.
Bench Press	<u>102.5</u>	Kgs.
Dead Lift	<u>220</u>	Kgs.
Total	<u>542.5</u>	Kgs.

PKK

Pushkaraj Kole  
President



Saidal Sonde

Saidal Sonde  
General Secretary

# MAHARASHTRA POWERLIFTING ASSOCIATION

AFFILIATED TO INDIAN POWERLIFTING FEDERATION

Recognized by : MINISTRY OF YOUTH AFFAIRS & SPORTS (GOVT. OF INDIA) &  
INDIAN OLYMPIC ASSOCIATION



Sr. No. 12

## Certificate of Honour

*This is to certify that*

Shri/Smt./Kumari SIDHANT KUDALKAR

THANE Dist. has secured I place

in the Jr. class 74 kg.

(Men/Women) Championship

held at MUMBAI Date from 6-1-18 to 7-1-18

Date of Birth : 10.04.98



WEIGHT LIFTED	
Squat	245 -
Bench Press	102.5 -
Deadlift	212.5
Total	560

  
Pushkaraj Kole  
President

Date :



Saidal Sonde  
General Secretary



# MAHARASHTRA STATE POWERLIFTING ASSOCIATION

AFFILIATED TO INDIAN POWERLIFTING FEDERATION

Recognized by : MINISTRY OF YOUTH AFFAIRS & SPORTS (GOVT. OF INDIA) &  
INDIAN OLYMPIC ASSOCIATION

महाराष्ट्र राज्य, मुंबई ५३४, नोंदणी क्र. १९९४ जी.बी.एस.डी. बृहन्मुंबई विभाग, मुंबई एक-१६६८५ (मुंबई)



Sr. No. \_\_\_\_\_

## Participation Certificate

*This is to certify that*

*Shri/Smt./Kumari* Sidhant Kulkarni

*of* Thane *Dist. has participated*

*in the* 74 kg *class* Junior *Powerlifting /*


*Bench Press / Dead Lift (Men/Women) Championship*

*held at* Muktinagar *Date from* 17-12-16 *to* 19-12-16

*Date of Birth :* 10.4.98

WEIGHT LIFTED	
Squat	230
Bench Press	97.5
Deadlift	217.5
Total	545



  
**Madhukar M. Darekar**  
President

Date :

  
**Sanjay P. Sardesai**  
General Secretary





सत्यमेव जयते  
महाराष्ट्र शासन

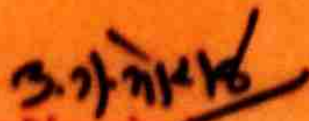
क्रीडा व युवक सेवा संचालनालय, महाराष्ट्र राज्य पुणे अंतर्गत  
जिल्हा क्रीडा अधिकारी कार्यालय, औरंगाबाद व जिल्हा क्रीडा परिषद, औरंगाबाद  
द्वारा आयोजित.

# राज्यस्तरीय शालेय पाँवरलिफ्टिंग स्पर्धा

सन - २०१५ - १६

## प्रमाणपत्र


खेळाडूचे नांव : कुडाळकर सिद्धांत निनीन  
जन्म तारीख : 10-04-1998  
संस्था : सी.एच.एम. महाविद्यालय उल्हासनगर  
जिल्हा : मुंबई विभाग : मुंबई  
स्पर्धेचे ठिकाण : सिंधु भवन, सिंधी कॉलनी, औरंगाबाद.  
स्पर्धेचा कालावधी : दि. ४ व ५ फेब्रुवारी २०१६  
वयोगट : १९ वर्षे मुले / मुली (74 kg)  
प्राविण्य : प्रथम (492.5 kg)



उर्मिला मोराले  
जिल्हा क्रीडा अधिकारी  
औरंगाबाद.



राजकुमार माहादीक  
उपसंचालक  
क्रीडा व युवक सेवा  
औरंगाबाद विभाग औरंगाबाद



राजाराम माने  
आयुक्त  
क्रीडा व युवक सेवा  
महाराष्ट्र राज्य पुणे



सत्यमेव जयते

प्रमाणपत्र क्र.

081

महाराष्ट्र शासन

क्रीडा व युवक सेवा संचालनालय, महाराष्ट्र राज्य पुणे अंतर्गत  
जिल्हा क्रीडा अधिकारी कार्यालय, औरंगाबाद व जिल्हा क्रीडा परिषद, औरंगाबाद.

द्वारा आयोजित

# राज्यस्तरीय शालेय पॉवर लिफ्टिंग क्रीडा स्पर्धा

सन - २०१४ - १५

## सहभाग प्रमाणपत्र

खेळाडुचे नांव : सिध्दान्त कुडाळकर

जन्म तारीख :

संस्था : श्रीम.चांदीबाई ट्रिभंतलाल मनसुखानी

जिल्हा : विभाग : मुंबई उपनगर

स्पर्धेचे ठिकाण : सिंधु भवन, सिंधी कॉलनी, औरंगाबाद

स्पर्धेचा कालावधी : दि. ३१ जानेवारी ते ०२ फेब्रुवारी २०१५

वयोगट : १९ वर्षे मुले / मुली (१५-किलो वजनी गट)

उर्मिला मीराळे

जिल्हा क्रीडा अधिकारी  
औरंगाबाद.

चंद्रकांत कांबळे

उपसंचालक  
क्रीडा व युवक सेवा  
औरंगाबाद विभाग औरंगाबाद

ओम प्रकाश बकोरिया

आयुक्त  
क्रीडा व युवक सेवा  
महाराष्ट्र राज्य पुणे-१



# MAHARASHTRA STATE POWERLIFTING ASSOCIATION

AFFILIATED TO INDIAN POWERLIFTING FEDERATION

Recognized by : MINISTRY OF YOUTH AFFAIRS & SPORTS (GOVT. OF INDIA) &  
INDIAN OLYMPIC ASSOCIATION

महाराष्ट्र राज्य, मुंबई ५३४, नोंदणी क्र. १९९४ जी.बी.एस.डी. बृहन्मुंबई विभाग, मुंबई एफ-१६६८५ (मुंबई)



Sr. No. \_\_\_\_\_

## Certificate of Honour

*This is to certify that*

Shri/Smt./Kumari SIDHANT KUDALKAR  
of Thane Dist. has secured 1<sup>st</sup> place  
in the 74.00kg class Sub Junior Powerlifting /  
~~Bench Press~~ / ~~Dead Lift~~ (Men/~~Women~~) Championship  
held at Sangli Date from 18-12-15 to 20-12-15

Date of Birth : \_\_\_\_\_



WEIGHT LIFTED	
Squat	207.5
Bench Press	80
Deadlift	190
Total	477.5

  
Madhukar M. Darekar  
President

Date :

  
Sanjay P. Sardesai  
General Secretary



# Maharashtra State Powerlifting Association

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महाराष्ट्र राज्य, मुंबई ५३४, नोंदणी क्र. १९९४ जी.बी.एस.डी. बृहन्मुंबई विभाग, मुंबई एड - १६६८५ (मुंबई)



## Certificate of Honour

*This is to certify that*

Shri/Smt./Kumari Siddhant Kudalkar

of Thane has secured II<sup>nd</sup> place

in the 83 kg class Senior / Sub Junior / Junior / Master

Powerlifting / Bench Press (Men / Women) Championship

held at Goreli Date from 18/05/14 to \_\_\_\_\_

Date of Birth: \_\_\_\_\_

WEIGHT LIFTED	
Squat	150
Bench Press	52.5
Deadlift	135
Total	337.5

Madhukar M. Darekar  
President

Date: \_\_\_\_\_

Sanjay P. Sardesai  
General Secretary

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महाराष्ट्र राज्य, मुंबई ५३४, नोंदणी क्र. १९९४ जी. बी. एस. डी. बृहन्मुंबई विभाग, मुंबई एक - १६६८५ (मुंबई)



## Participant Certificate

*This is to certify that*

Shri/Smt./Kumari Sidhant Nitin Rudakar

of THANE has participated as a competitor in

the 74 kg. Class in the Senior / Sub Junior / Junior / Master

Powerlifting / Bench Press (Men / Women) Championship

held at Vengurda Date from 10-12-14 to 12-12-14

Date of Birth 10-4-1998

Total Lifted Weight 385 Kg.

Madhukar M. Darekar  
President



Date:

Sanjay P. Sardesai  
General Secretary